

SNACKS MENU

- **№** ► PINEAPPLE SALAD

 Roasted pineapple, lettuce, cucumber, olives, tahini dressing
- **⊗** SEASONAL FRUIT COCKTAIL

SHRIMP COCKTAIL

◆ AGUACHILEShrimp, octopus & squid

POKE

Tuna or salmon, rice, avocado, soy beans, alfalfa sprouts, radish, sesame, soy sauce

SPICY CHICKEN WINGS
Ranch dressing, vegetable julienne

NACHOS

Guacamole, chili, cheddar, pico de gallo

FRIED BURRITO

Shrimp, beans, cheese, guacamole

FLANK STEAK QUESADILLA

Guacamole and pico de gallo

BURGER

Beef or chicken, cheddar, pickles, French fries

VEGAN BURGER

Soya patty, vegan cheddar, pickles, French fries

HOT DOG

Bratwurst, caramelized onions, French fries

W HARD SHELL SALMON TACO Goat cheese, parsley alioli

DESSERTS

SEASONAL FRUIT TART

BLONDIE CAKE WITH CRANBERRIES

WHOLE FOOD PLANT-BASED MENU

STARTERS

- **⊗ ⋄ ► CHICKPEA TOSTON** Cilantro-Garlic Cream
- W NEALTHY HEART TACO SALAD

 Mix of mushrooms, corn, carrots,
 tomatoes, cabbage, jicama, guacamole,
 sweet potato chips
- POWER SLAW

 Cabbage rolls filled with red cabbage,
 broccoli, apple, sweet potato, quinoa,
 almond dressing

SOUP

MINT & AVOCADO SOUP

Chili oil, cucumber, lemon, apple chips

Healthy dishes which help in maintaining balanced diet
 Gluten free dishes

MAIN COURSES

- Grilled plant-based patty, cheddar cheese, lettuce, tomato, cucumber, red onion
- EGGPLANT PARMIGIANA SANDWICH
 Crispy eggplant, homemade marinara sauce,
 cheese dip, pesto

DESSERT

VEGAN CARROT CAKE
Spices, yogurt cream

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have a medical condition.

- **№** Whole Food Plant-Based option
- Spicy dishes

KID'S MENU

- **★** CAPRESE SALAD

 Tomato and fresh mozzarela

 with balsamic glaze
 - TOMATO CREAM

 Roasted tomato with chicken
 broth and cream

SPAGHETTI
With meatballs and tomato sauce

- MAC AND CHEESE

 Macaroni and Cheddar cheese
 - Healthy dishes which help in maintaining balanced diet
 Gluten free dishes

CHICKEN TENDERS

Choice of: fries or salad

TURKEY CLUB

Smoked turkey, bacon, tomatoes, cheddar and mayonnaise

BURGER

Two sliders with or without Cheddar, selection of French fries or mixed salad

• Contains dairy and/or milk

