

## SNACKS MENU

- PINEAPPLE SALAD

  Roasted pineapple, lettuce, cucumber, olives, tahini dressing
- **⊗** SEASONAL FRUIT COCKTAIL

SHRIMP COCKTAIL

AGUACHILE
Shrimp, octopus & squid

#### POKE

Tuna or salmon, rice, avocado, soy beans, alfalfa sprouts, radish, sesame, soy sauce

SPICY CHICKEN WINGS
Ranch dressing, vegetable julienne

#### NACHOS

Guacamole, chili, cheddar, pico de gallo

#### FRIED BURRITO

Shrimp, beans, cheese, guacamole

#### FLANK STEAK QUESADILLA

Guacamole and pico de gallo

#### BURGER

Beef or chicken, cheddar, pickles, French fries

#### **VEGAN BURGER**

Soya patty, vegan cheddar, pickles, French fries

#### HOT DOG

Bratwurst, caramelized onions, French fries

W HARD SHELL SALMON TACO Goat cheese, parsley alioli

#### **DESSERTS**

SEASONAL FRUIT TART

**BLONDIE CAKE WITH CRANBERRIES** 

# WHOLE FOOD PLANT-BASED MENU

## **STARTERS**

- ★ CHICKPEA TOSTON
   Cilantro-Garlic Cream
- W NEALTHY HEART TACO SALAD

  Mix of mushrooms, corn, carrots,
  tomatoes, cabbage, jicama, guacamole,
  sweet potato chips
- POWER SLAW

  Cabbage rolls filled with red cabbage,
  broccoli, apple, sweet potato, quinoa,
  almond dressing

## SOUP

#### MINT & AVOCADO SOUP

Chili oil, cucumber, lemon, apple chips

Healthy dishes which help in maintaining balanced diet
 Gluten free dishes

### MAIN COURSES

- Grilled plant-based patty, cheddar cheese, lettuce, tomato, cucumber, red onion
- EGGPLANT PARMIGIANA SANDWICH
  Crispy eggplant, homemade marinara sauce,
  cheese dip, pesto

## **DESSERT**

VEGAN CARROT CAKE
Spices, yogurt cream

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have a medical condition.

- **▼** Whole Food Plant-Based option
- **♦** Spicy dishes

