

## **STARTERS**

#### **₹** SEAFOOD PIE

Thin, crispy dough with mixed seafood filling and Louisiana-style sauce

#### **BEEF EMPANADA**

With green leaves mezclum and basil vinaigrette

## • PROVOLETA

Served with roasted bell peppers, garlic and oregano-tamarind dressing

## **SALADS**

## **GREEN SALAD**

Green beans, celery, endives, tomato, mixed lettuces, onion, peas, red and green bell pepper and honey mustard dressing

#### CHICKEN SALAD

Fried chicken, grilled corn, green beans, radishes and cherry tomatoes, tossed in a buttermilk ranch dressing

## CREAM AND SOUP

## O CORN CREAM

With spiced bread croutons

## **⊗ ♦** BEEF BROTH

With mushrooms flavored and Sherry

## FISH

- **⊗** ★ SALMON
  - Seared fillet, served with al dente asparagus and zucchini, carrot puré
- **⊗ •** BLACKENED FISH FILET
  - Cajun style marinated served with beans and roasted red peppers

## FROM THE GRILL

• BEEF RIBS

BEEF TENDERLOIN

- BABY PORK RIBS
- RIB EYE

## **SPECIALTIES**

- BURGER 7oz.
  - Ground beef with bacon, onion, roasted portobello mushroom, Gorgonzola cheese and chimichurri mayonnaise

## HALF CHICKEN

Marinated in yogurt and mustard, then charcoal grilled

## **SAUCES**

Port wine

Peppercorn Brandy

- Chimichurri
- **6** Béarnaise
  - Mushroom

BBQ

## SIDE ORDER

- Potatoes with Parmesan
- ♠ Baked potatoes with butter
- ♠ Garlic mashed potatoes
- **Ô 𝚱** Creamed spinach
- Grilled vegetables
- **♦** Grilled corn with butter and salt

- These are healthy dishes which help in mantaining balanced diet
- These are gluten free dishes
- O This dish contains dairy or/and milk
- **♦** These are spicy dishes

- **№** Whole Food Plant-Based option
- Sustainable fishery
- Animal protein can be substituted by a Whole Food Plant-Based option

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have a medical condition.

## DESSERTS

**▶ ∂** BROWNIE

Double chocolate, signature recipe

**O** CHEESECAKE

With banana and caramel sauce

APPLE PIE

With custard in a sweet cinnamon pastry

O ICE CREAM CAKE

Creamy and tasty peanut butter special

- **▶ O** FRUIT SALAD
- Seasonal Caribbean fruits, diced and perfumed

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# WHOLE FOOD PLANT-BASED MENU

## STARTERS

#### **●** SPINACH TEXTURE

Fried onion, garlic chips, coconut puree, sun-dried tomato and arugula pesto

#### **YUCCA CROQUETTE**

Yucca marinated in cumin, plantain. Spicy guava sauce

## SOUP

#### **® BROAD BEANS SOUPS**

Onion, tomatillo, Peppermint, cactus

## SALAD

#### **<b>♦** MUSHROOM SALPICON TACOS

Romaine lettuce, mushrooms, cilantro, radish, tomato, pumpkin seed and habanero

## MAIN COURSES

#### **♦ RED CURRY**

Fried tofu, baby corn, ginger, coriander, peppers, tomato and rice

#### **MINGON BETABEL**

Seed crust, wild rice, quinoa, wild mushrooms and tamarind sauce with chipotle

## **DESSERTS**

#### **O** FERRERO

Hazelnut praline, dark chocolate and red fruits

#### **O** THOUSAND LEAVES OF CHIA AND AMARANTH

Diplomatic sauce, red fruits and passion fruit

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# FAMILY STYLE DINNER

#### MEAT EMPANADA

Chicken and bell pepper, tomato sauce

## **O W** GREEN SALAD

- Green beans, celery, endives, tomato, mixed lettuces, onion, peas, red and green bell pepper and honey mustard dressing
  - MACARONI & CHEESE Pasta in a creamy and Cheddar cheese sauce
  - CORN CREAM With spiced bread croutons
- MIXED GRILL Beef ribs and tenderloin, chicken breast, baby ribs

#### **SAUCES**

Dijón mustard, mushrooms and BBQ

#### **SIDES**

Home fries with Parmesan, creamed spinach, grilled vegetables

### • APPLE PIE

With sweet custard in a sweet cinnamon pastry

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# KID'S MENU

- ♠ Ô LETTUCE AND TOMATO SALAD Crispy and healthy, in basil ranch dressing
  - MACARONI & CHEESE Pasta in a creamy and Cheddar cheese sauce

#### FISH & CHIPS

Fish filet in crispy batter and French fries

### CHICKEN PARMESAN

Grilled chicken Milanese, tomato and mozzarella cheese sauce, mashed potatoes

• GRILLED CHEESE SANDWICH Cheddar with French fries

- These are healthy dishes which help in mantaining balanced diet
- This dish contains dairy or/and milk

