

# NATURAL FRUIT JUICES

●●● ORANGE, PINEAPPLE, GRAPEFRUIT, CANTALOUPE, WATERMELON OR PAPAYA

## HEALTHY JUICES

**● W** VITAMIN A

Orange, carrot and fresh ginger

**●●●** VITAMIN C

Strawberry, pineapple, banana and lime

**●●** HYDRATING

Cantaloupe, kiwi and cucumber

**●** SPORT

Watermelon, coconut water, lime and mint

### FRUIT SMOOTHIES

► PAPAYA
With lime and ginger

● ▼ PINEAPPLE
With coconut, berries

### FRESH FRUIT

SEASONAL FRUIT
PLATTER
A selection of four fruits



### FROM THE BAKERY

**NOTITE BAGUETTE** 

**№ 10** WHOLE WHEAT BAGUETTE

♠♠♠ PLAIN OR WHOLE
WHEAT BREAD TOAST

© COUNTRY SIDE TRADITIONAL BREAD TOAST

### SWEET ROLLS

• BUTTERED CROISSANT

• CROISSANT FILLED WITH ALMONDS

• CHOCOLATE CROISSANT

• PARISIAN BRIOCHE

### CEREALS

#### **♦0** GRANOLA

Oatmeal, mixed nuts and seeds, dried fruit, shredded coconut, syrup and cinnamon

#### **♦** OATMEAL

Boiled oats in a mix of water and milk, honey and cinnamon

#### **♦** DRIED FRUITS MÜESLI

Oats, wheat bran, almonds, coconut, dried fruits, seeds

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have a medical condition.

- These are healthy dishes which help in maintaining balanced diet
- This dish contains dairy or/and milk
- These are gluten free dishes
- Whole Food Plant-Based option



### DAIRY

#### **MILKS**

Whole milk, skimmed, lactose free, ≥ almond, oat or soy

#### **●®0** YOGURT

Natural, apple, strawberry, chocolate, fruit of the day

#### **●0** OAT

Yogurt with oat, pineapple and fresh mint

#### **♠** MÜESLI

Muësli with yogurt and pear compote

#### **♦** BIRCHER MÜESLI

With mashed Dominican banana, pistacho and lime

### BAKER'S SPECIALS: CREPES, WAFFLE'S AND MORE

Choose a main preparation, then one or several of the listed accompaniments and sauces.

#### MAIN

Crêpe, pancake, French toast or waffle: plain, vanilla or chocolate chip

#### **ACCOMPANIMENTS**

Diced banana, seasonal red fruits, caramelized mango, apple compote, grilled peanuts, crunchy bacon or marmalade

#### **SAUCES**

Red fruit coulis, passion fruit coulis, caramel sauce, chocolate sauce, honey, syrup or Chantilly

For nutritional and health reasons, we only use extra virgin olive oil for cold seasonings.



# EGGS À LA CARTE

#### EGGS AT YOUR CHOICE

With ham, tomato, Gruyère cheese, onion, bell pepper or sautéed vegetables

#### **●** FINE HERBS OMELET

Egg white and combination of parsley, tarragon and chives

#### ROYAL OR BENEDICT EGGS

Smoked salmon or cured pork loin topped english muffin, two poached eggs glazed with hollandaise sauce

#### CROQUE MADAME

Au gratin white bread, ham and Gruyère cheese sandwich, topped with béchamelle sauce and one fried egg, your choice of accompaniments

#### SCRAMBLED EGGS WITH SHRIMP

On toasted multi-cereal bread, with sautéed spinach and glazed with Bearnaise sauce

#### • FRITTATA

Flat Italian style omelette with potato, pesto and goat cheese

### COMPLEMENTS

#### GRILLED SAUSAGE

Served with herbs, onion and balsamic vinegar chutney

#### **BACON**

Your choice of well browned and crunchy or lightly cooked and soft

# SAUTEED VEGETABLES AND GREENS

According season and market, in olive oil

#### **POTATO**

Crispy potato rösti with cherry tomato and fresh herbs compote

