# Duke's Lobster & Seafood

## STARTERS

#### 

Mexican style with cilantro and red onion

#### Crispy fried calamari

With a sweet chili sauce

#### Crab cake

With herbs and pickles tartar sauce

## SALADS

Caramelized shrimp with sesame seeds, lettuce, avocado and watercress, olive oil and wine vinegar

Iceberg, tomatoes, blue cheese and bacon

● Garden salad

Romaine, baby spinach, carrots, red onion, tomato, cucumber, green pepper, croutons, shallot vinaigrette

## CREAM & SOUP

## 

Creamy, with crabmeat, fish broth, potatoes and onions

#### Lobater biaque

Creamy lobster shells stock, sautéed lobster bits

## PASTA Y ARROCES

Linguine

With buttered shrimp and Buttered lobster, Parmesan cheese

Spaguetti alla bolognese

Stewed ground beef, bacon, mushrooms and tomato sauce

Lobster risotto

White wine and fish broth, Parmesan cheese

## MAIN COURSES

#### Grilled Salmon

Dill scented, served with Chardonnay sauce with a touch of lobster bisque

#### 

Grilled steak, roasted tomatoes and asparagus, mashed potatoes with chimichurri

## Surf & Turf

Beef tenderloin and lobster grilled with Béarnaise sauce

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have a medical condition.

- in These are healthy dishes which help in maintaining balanced diet
- This dish contains dairy or/and milk
- Nhole Food Plant-Ba∆ed option

## LOBSTER

Classic creamy French, mushrooms, shallots, mustard and tarragon, oven finished gratin

Meunière

Pan fried in butter, lemon juice and fresh parsley

**⊗** Grilled or steamed

Choose below your side dish and sauce

#### Sauce selection

**®**<sup>♠</sup> Lemon butter sauce

Melted butter, lime juice and pinch of salt added

**®**Ô White wine garlic ∆auce

Butter simmered garlic, finished with reduced white wine

**⊗**<sup>6</sup> Béarnaise

Butter emulsion of black pepper, tarragon and shallot white wine reduction

⊗ô Honey dijonnaise

Dijon mustard and honey

## SIDES

**®**<sup>♠</sup> Baked Potato

With cream and fresh herbs

- ▼ French fries
- **⊗ô** Mashed potatoes

- Steamed rice
- ♠ Garlic butter pasta

## DESSERTS

#### 

Peanut butter and milk chocolate mousse, orange peanut biscuit, orange passion and fruit sauce

## • Apple tart

Served with vanilla ice cream

#### **⊗ô**Tropical fruit

Seasonal fruit with lime sorbet

#### **№** do lo creama

Banana, rhum, chocolate

#### **№**0 Piña colada

Coconut mousse, pineapple and rhum marmalade, chocolate sauce

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- 💗 Animal protein can be substituted by a Whole Food Plant-Based option
  - This dish contains dairy or/and milk
    - These are gluten free dishes

# WHOLE FOOD PLANT-BASED MENU

## COLD STARTER

## 

Artichoke and palm hearts, tomato, cucumber, fresh cilantro and red onion

## SALADS

#### 

Iceberg, tomatoes, blue cheese and yogurt dressing

#### ● Garden Salad

Romaine, baby spinach, carrots, red onion, tomato, cucumber, green pepper, croutons, shallot vinaigrette

## SOUP

## 

Creamy, with vegetables broth, potatoes and onions

## MAIN COURSES

## 

Al dente in a mushroom, celery, carrot, onion and tomato vegetable ragout

## ( ♦ Vegetarian jambalaya

Combination of rice with tomato, onion, green pepper, celery, and vegetable broth with Cajun seasoning

## ô Crêpe∆

Stuffed with vegetables, beans and lentils, mozzarella cheese au gratin

## FAMILY STYLE DINNER

#### 

Deep fried, served with honey mustard horseradish sauce

#### Chicken Fingers

Deep-fried breaded chicken fritters with ranch sauce

#### ● Garden Salad

Romaine lettuce, baby spinach, carrots, red onion, tomato, cucumber, green pepper, croutons, shallot vinaigrette

#### Bisque

Creamy lobster shell broth, chunks of lobster

#### 

Chicken, cream, butter and Parmesan cheese

## Mixed grill

Grouper fillet, calamari, scallop

Lemon butter sauce, aioli, honey mustard and horseradish sauce

Baked Potato, French fries, grilled vegetables

#### Chocolate bar

Peanut butter and milk chocolate mousse, orange peanut biscuit, orange passion and fruit sauce

- These are healthy dishes which help in maintaining balanced diet
  - Whole Food Plant-Based option
  - W These are gluten free dishes

## KIDS MENU

©ô Crispy lettuce and tomato salad Creamy basil ranch dressing

**6 Macarroni & cheese** In a creamy Gouda cheese sauce "au gratin"

#### Chicken Parmesan

Breaded milanesa-style chicken breast, sautéed and topped with pomodoro sauce and melted mozzarella, mash potato

> • Grilled cheese sandwich Cheddar, with French fries

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